Using pedometers as motivational tools: are goals set in steps more effective than goals set in minutes for increasing walking?

Baker G, Mutrie N, Lowry R. International journal of health promotion and education 2008; 46(1):21-26

ARTICLE IDENTIFIERS

DOI: unavailable PMID: unavailable PMCID: not available

JOURNAL IDENTIFIERS

LCCN: not available pISSN: 1463-5240 eISSN: 2164-9545 OCLC ID: 41279474 CONS ID: not available

US National Library of Medicine ID: 100894376

This article was identified from a query of the SafetyLit database.