

Cumulative sleepiness, mood disturbance, and psychomotor vigilance performance decrements during a week of sleep restricted to 4-5 hours per night

Dinges DF, Pack F, Williams K, Gillen KA, Powell JW, Ott GE, Aptowicz C, Pack AI.

Sleep

1997; 20(4):267-277

ARTICLE IDENTIFIERS

DOI: unavailable

PMID: 9231952

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: 79642696

pISSN: 0161-8105

eISSN: 1550-9109

OCLC ID: 04024329

CONS ID: sn 78002181

US National Library of Medicine ID: 7809084

This article was identified from a query of the SafetyLit database.