## Consistently high sports/exercise activity is associated with better sleep quality, continuity and depth in midlife women: the SWAN sleep study

Kline CE, Irish LA, Krafty RT, Sternfeld B, Kravitz HM, Buysse DJ, Bromberger JT, Dugan SA, Hall MH.

Sleep

2013; 36(9):1279-1288

## **ARTICLE IDENTIFIERS**

DOI: 10.5665/sleep.2946

PMID: 23997360 PMCID: PMC3738036

## **JOURNAL IDENTIFIERS**

LCCN: 79642696 pISSN: 0161-8105 eISSN: 1550-9109 OCLC ID: 04024329 CONS ID: sn 78002181

US National Library of Medicine ID: 7809084

This article was identified from a query of the SafetyLit database.