

Assessing a commercially available sports drink on exogenous carbohydrate oxidation, fluid delivery and sustained exercise performance

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Journal of the international society of sports nutrition

2014; 11(1):8

ARTICLE IDENTIFIERS

DOI: 10.1186/1550-2783-11-8

PMID: 24589205

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: 2004215331

pISSN: not available

eISSN: 1550-2783

OCLC ID: 55120074

CONS ID: not available

US National Library of Medicine ID: 101234168

This article was identified from a query of the SafetyLit database.