

Rapid-eye-movement-sleep (REM) associated enhancement of working memory performance after a daytime nap

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PLoS one

2015; 10(5):e0125752

ARTICLE IDENTIFIERS

DOI: 10.1371/journal.pone.0125752

PMID: 25970511

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: 2006214532

pISSN: not available

eISSN: 1932-6203

OCLC ID: 228234657

CONS ID: not available

US National Library of Medicine ID: 101285081

This article was identified from a query of the SafetyLit database.