

# **The effect of westward travel across five time zones on sleep and subjective jet-lag ratings in athletes before and during the 2015's World Rowing Junior Championships**

Kölling S, Treff G, Winkert K, Ferrauti A, Meyer T, Pfeiffer M, Kellmann M.

Journal of sports sciences

2016; 35(22):2240-2248

## **ARTICLE IDENTIFIERS**

DOI: 10.1080/02640414.2016.1265141

PMID: 27935421

PMCID: not available

## **JOURNAL IDENTIFIERS**

LCCN: not available

pISSN: 0264-0414

eISSN: 1466-447X

OCLC ID: not available

CONS ID: not available

US National Library of Medicine ID: not available

This article was identified from a query of the SafetyLit database.