

Impact of a sleep course on sleep, mood and anxiety symptoms in college students: a pilot study

Baroni A, Bruzzese JM, Di Bartolo CA, Ciarleglio A, Shatkin JP.
Journal of American college health
2018; 66(1):41-50

ARTICLE IDENTIFIERS

DOI: 10.1080/07448481.2017.1369091
PMID: 28820661
PMCID: not available

JOURNAL IDENTIFIERS

LCCN: 82646518
pISSN: 0744-8481
eISSN: 1940-3208
OCLC ID: not available
CONS ID: not available
US National Library of Medicine ID: not available

This article was identified from a query of the SafetyLit database.