

Sleep quality and high intensity interval training at two different times of day: a crossover study on the influence of the chronotype in male collegiate soccer players

Vitale JA, Bonato M, Galasso L, La Torre A, Merati G, Montaruli A, Roveda E, Carandente F.
Chronobiology international
2017; 34(2):260-268

ARTICLE IDENTIFIERS

DOI: 10.1080/07420528.2016.1256301
PMID: 27906554
PMCID: not available

JOURNAL IDENTIFIERS

LCCN: not available
pISSN: 0742-0528
eISSN: 1525-6073
OCLC ID: not available
CONS ID: not available
US National Library of Medicine ID: not available

This article was identified from a query of the SafetyLit database.