## Sleep and athletic performance: impacts on physical performance, mental performance, injury risk and recovery, and mental health

Charest J, Grandner MA. Sleep medicine clinics 2020; 15(1):41-57

## **ARTICLE IDENTIFIERS**

DOI: 10.1016/j.jsmc.2019.11.005

PMID: 32005349 PMCID: not available

## **JOURNAL IDENTIFIERS**

LCCN: 2005214885 pISSN: 1556-407X eISSN: 1556-4088 OCLC ID: not available CONS ID: not available

US National Library of Medicine ID: 101271531

This article was identified from a query of the SafetyLit database.