

**Effectiveness of a resistance training program on physical function, muscle strength, and body composition in community-dwelling older adults receiving home care: a cluster-randomized controlled trial**

Bårdstu HB, Andersen V, Fimland MS, Aasdahl L, Raastad T, Cumming KT, Sæterbakken AH.  
European review of aging and physical activity  
2020; 17:e11

**ARTICLE IDENTIFIERS**

DOI: 10.1186/s11556-020-00243-9

PMID: 32782626 PMCID:

PMCID: not available

**JOURNAL IDENTIFIERS**

LCCN: 2006243766

pISSN: 1813-7253

eISSN: 1861-6909

OCLC ID: 71274470

CONS ID: not available

US National Library of Medicine ID: 101284836

This article was identified from a query of the SafetyLit database.