

# **Effects of multicomponent exercise on the muscle strength, muscle endurance and balance of frail older adults: a meta-analysis of randomised controlled trials**

Li Y, Gao Y, Hu S, Chen H, Zhang M, Yang Y, Liu Y.

Journal of clinical nursing

2022; ePub(epub):ePub

## **ARTICLE IDENTIFIERS**

DOI: 10.1111/jocn.16196

PMID: 34989056

PMCID: not available

## **JOURNAL IDENTIFIERS**

LCCN: not available

pISSN: 0962-1067

eISSN: 1365-2702

OCLC ID: not available

CONS ID: not available

US National Library of Medicine ID: not available

This article was identified from a query of the SafetyLit database.