The addition of active stretching to balance strategy exercise is the most effective as a home-based exercise program in improving the balance of the elderly

Vittala G, Sundari LPR, Basuki N, Kuswardhani RAT, Purnawati S, Muliarta IM. Journal of midlife health 2021; 12(4):294-298

ARTICLE IDENTIFIERS

DOI: 10.4103/jmh.jmh_184_21 PMID: 35264836 PMCID: PMC8849147

JOURNAL IDENTIFIERS

LCCN: not available pISSN: 0976-7800 eISSN: 0976-7819 OCLC ID: not available CONS ID: not available US National Library of Medicine ID: 101552746

This article was identified from a query of the SafetyLit database.