## Effects of Pilates on the risk of falls, gait, balance and functional mobility in healthy older adults: a randomised controlled trial

Donatoni da Silva L, Shiel A, McIntosh C. Journal of bodywork and movement therapies 2022; 30:30-41

## **ARTICLE IDENTIFIERS**

DOI: 10.1016/j.jbmt.2022.02.020 PMID: 35500977 PMCID: not available

## JOURNAL IDENTIFIERS

LCCN: not available pISSN: 1360-8592 eISSN: 1532-9283 OCLC ID: not available CONS ID: not available US National Library of Medicine ID: not available

This article was identified from a query of the SafetyLit database.