

Taking a one-week break from social media improves well-being, depression, and anxiety: a randomized controlled trial

Lambert J, Barnstable G, Minter E, Cooper J, McEwan D.

Cyberpsychology, behavior and social networking

2022; ePub(ePub):ePub

ARTICLE IDENTIFIERS

DOI: 10.1089/cyber.2021.0324

PMID: 35512731

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: 2009208160

pISSN: 2152-2715

eISSN: 2152-2723

OCLC ID: 477405630

CONS ID: not available

US National Library of Medicine ID: 101528721

This article was identified from a query of the SafetyLit database.