

## **Health challenges and acute sports injuries restrict weightlifting training of older athletes**

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BMJ open sport and exercise medicine

2022; 8(2):e001372

### **ARTICLE IDENTIFIERS**

DOI: 10.1136/bmjsem-2022-001372

PMID: 35813126

PMCID: PMC9214356

### **JOURNAL IDENTIFIERS**

LCCN: not available

pISSN: 2055-7647

eISSN: not available

OCLC ID: not available

CONS ID: not available

US National Library of Medicine ID: not available

This article was identified from a query of the SafetyLit database.