

Effects of short naps during simulated night shifts on alertness and cognitive performance in young adults

Sakai A, Kawamoto N, Hayashi M.

Journal of sleep research

2023; ePub(ePub):ePub

ARTICLE IDENTIFIERS

DOI: 10.1111/jsr.13821

PMID: 36703614

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: not available

pISSN: 0962-1105

eISSN: 1365-2869

OCLC ID: not available

CONS ID: not available

US National Library of Medicine ID: not available

This article was identified from a query of the SafetyLit database.