

What aspects of mindfulness and emotion regulation underpin self-harm in individuals with borderline personality disorder?

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Journal of mental health

2023; ePub(ePub):ePub

ARTICLE IDENTIFIERS

DOI: 10.1080/09638237.2023.2182425

PMID: 36916308

PMCID: not available

JOURNAL IDENTIFIERS

LCCN: not available

pISSN: 0963-8237

eISSN: 1360-0567

OCLC ID: 26585830

CONS ID: not available

US National Library of Medicine ID: 9212352

This article was identified from a query of the SafetyLit database.