

Effectiveness of a supportive care program via a smartphone application on the quality of life and care burden among family caregivers of patients with major depressive disorder: a randomized controlled trial

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BMC public health

2024; 24(1):e66

ARTICLE IDENTIFIERS

DOI: 10.1186/s12889-023-17594-4

PMID: 38166907

PMCID: PMC10762964

JOURNAL IDENTIFIERS

LCCN: 2001227315

pISSN: not available

eISSN: 1471-2458

OCLC ID: 47666345

CONS ID: not available

US National Library of Medicine ID: 100968562

This article was identified from a query of the SafetyLit database.