

Self-regulation training improves stress resilience in elite pre-pubescent female gymnasts

Proietti G, Borozan M, Chaigneau A, Cannito L, Palumbo R, Thouvarecq R, Iodice P.

Frontiers in psychology

2024; 15:e1341437

ARTICLE IDENTIFIERS

DOI: 10.3389/fpsyg.2024.1341437

PMID: 38721324

PMCID: PMC11076701

JOURNAL IDENTIFIERS

LCCN: 2011243228

pISSN: not available

eISSN: 1664-1078

OCLC ID: not available

CONS ID: not available

US National Library of Medicine ID: 101550902

This article was identified from a query of the SafetyLit database.