

# **Cognitive-behavioral therapy for insomnia prevents and alleviates suicidal ideation: insomnia remission is a suicidolytic mechanism**

Kalmbach DA, Cheng P, Ahmedani BK, Peterson EL, Reffi AN, Sagong C, Seymour GM, Ruprich MK, Drake CL.

Sleep

2022; 45(12)

## **ARTICLE IDENTIFIERS**

DOI: 10.1093/sleep/zsac251

PMID: 36242607

PMCID: PMC9742891

## **JOURNAL IDENTIFIERS**

LCCN: 79642696

pISSN: 0161-8105

eISSN: 1550-9109

OCLC ID: 04024329

CONS ID: sn 78002181

US National Library of Medicine ID: 7809084

This article was identified from a query of the SafetyLit database.