

**The feasibility of the Motor Control Home Ergonomics Elderlies' Prevention of Falls (McHeELP) Programme in patients with sarcopenia: a pilot study**

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Journal of frailty, sarcopenia and falls

2024; 9(2):89-95

**ARTICLE IDENTIFIERS**

DOI: 10.22540/JFSF-09-089

PMID: 38835618

PMCID: PMC11145092

**JOURNAL IDENTIFIERS**

LCCN: 2018254056

pISSN: not available

eISSN: 2459-4148

OCLC ID: 1014225950

CONS ID: not available

US National Library of Medicine ID: 101756655

This article was identified from a query of the SafetyLit database.